

Into The Morning

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Choregraphie par : Dwight MEESEN

Description : 32 temps, 4 murs, Novice, Février 2018

Musique : « Coming Home » by Sheppard (single)
144 bpm



Intro 32 counts

Fwd, Hold, Ball Fwd, Kick, Back x2, Coaster Cross

- 1-2 RF step forward, hold
- &3-4 LF step beside on ball foot, RF step forward, LF kick forward
- 5-6 LF step back, RF step back
- 7&8 LF step back, RF together, LF cross over

Side, Hold, Ball Side, Touch, ¼ L Fwd, ¼ L Side, Behind, ¼ R Fwd

- 1-2 RF step side, hold
- &3-4 LF step beside on ball foot, RF step side, LF touch beside
- 5-6 LF ¼ left step forward, RF ¼ left step side
- 7-8 LF cross behind, RF ¼ right step forward [9]

Pivot ½ R, ¼ R Chassé, Behind Side Cross, Sweep

- 1-2 LF step forward, L+R ½ turn right
- 3&4 LF ¼ right step side, RF together, LF step side
- 5-8 RF cross behind, LF step side, RF cross over, LF sweep forward [6]

Cross Toe Strut, ¼ L Toe Strut Bkw, ½ L Toe Strut Fwd, Pivot ½ L

- 1-2 LF step across on toes, LF heel down
- 3-4 RF ¼ left step back on toes, RF heel down
- 5-6 LF ½ left step forward on toes, LF heel down
- 7-8 RF step forward, R+L ½ turn left [3]

Start again

(69)